SEX EDUCATION POLICY

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INTENT

We provide Sex and Relationship Education (SRE) for all children in accordance to the Relationships and Health Education 2020 guidance, encouraging a regard for the moral considerations and values of a range of different family lives. The programme will be appropriate to the maturity and individual needs of children at various stages of their development. A major focus is placed within Year 6.

SRE prepares children for adult life as parents and responsible individuals in society. The quality of relationships, values, standards, personal responsibility and factual information including the physical and moral aspects of sex and relationships are all of equal importance.

Opportunities are provided for honest and sensitive discussion of a broad range of issues, and questions are answered with sensitivity to individual needs and levels of awareness.

Staff, including the School Nurse, welfare and social workers, health visitors or any others with expertise to offer in this area of education, may be approached and asked for advice in sexual behaviour. In such circumstances, children should be advised to seek advice from parents, and will be guided to relevant information and support.

No member of staff who feels unable to deliver aspects of the sex education programme will be asked to do so. When training and advice is requested, it will be provided. Professional support will always be available if and when required.

The objectives of Sex and Relationship Education are:

- to provide the knowledge and information to which all pupils are entitled;
- to clarify/reinforce existing knowledge;
- to raise pupils' self-esteem and confidence, especially in their relationships with others;
- to help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives;
- to help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities;
- to provide the confidence to be participating members of society and to value themselves and others;
- to help gain access to information and support;

- to develop skills for a healthier and safer lifestyle;
- to develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media;
- to respect and care for their bodies;
- to be prepared for puberty and adulthood.

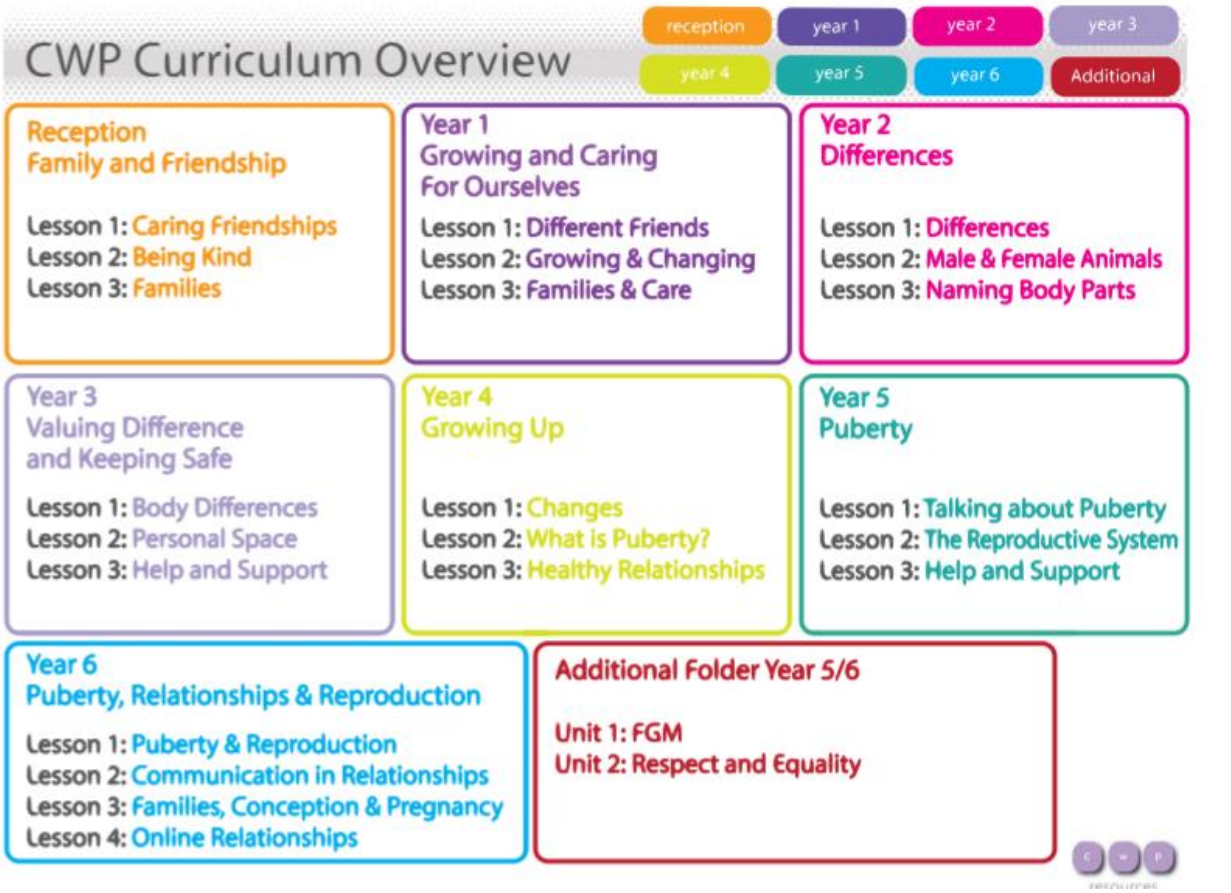
IMPLEMENTATION

THE TEACHING PROGRAMME FOR SEX AND RELATIONSHIP EDUCATION - LEGAL REQUIREMENTS

All schools must teach the following as part of the National Curriculum Science and National Curriculum guidance.

Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language, specials needs or whether they are disadvantaged or looked after children.

It is our intention all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision if required. The School uses CWP, a clear year by year programme for SRE.



Foundation

Children learn about the concept of male and female and about young animals. In ongoing PSHE work, they develop skills to form friendships and think about relationships with others.

Key Stage 1

Through work in Science, children learn about life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health. In RE and Citizenship, children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

They begin to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them. They also learn about personal safety.

Key Stage 2

In Science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction including birth of a baby for Years 5 and 6.

Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. In RE and Citizenship, they continue to develop an understanding of relationships within a family, between friends and the community, and that there are different patterns of and types of friendships and relationships, including LGBT. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures. Cyber safety and grooming will be covered in an age-appropriate way.

Relationships Education:

By the end of primary school, pupils will have been taught content on:

- Families and people who care for me
- Caring friendships
- Online relationships
- Respectful relationships
- Being safe

Health Education:

By the end of primary school, pupils will have been taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

Sex and relationship education should focus on the development of skills and attitudes, not just the acquisition of knowledge.

PROCEDURES

Parents are informed when sex and relationship issues will be discussed formally within the curriculum. The curriculum is shared on the school website for each year group Overview - Catmose Primary School

Parents are encouraged to discuss with us, matters relating to SRE, and inform us of any specific issues or individual needs relevant to their child.

If parents wish to exercise their right to withdraw children from the SRE programme they should speak directly to the Head of School. Appropriate measures will be taken to ensure that their wishes are accepted.

In the event of a child being withdrawn from the SRE programmes, all staff should be made aware of this and take appropriate action whenever sexuality may be discussed in lessons.

During Science lessons, the biological process of reproduction will be taught to all children in line with the national curriculum. Parents do not have the right to withdraw their child from this aspect of sex education.

IMPACT

All children have the right to participate in and discuss a range of issues which may arise as a result of the SRE programme, and for these issues to be approached in a sensitive and sensible manner.

All children have the right to access a broad and balanced curriculum which supports their individual development and enables them to participate in and contribute to a range of healthy, secure and active relationships.