

# VVELCOME TO OUR PARENT SAFEGUARDING NEVVSLETTER

#### MEET THE SAFEGUARDING TEAM



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#### CONTACTS

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# SAFEGUARDING NEWSLETTER

#### RESPONDING TO ONLINE CHALLENGES

We are hearing more and more reports of online challenges popping up on social media platforms. While not all pose potential risk, it is important as a parent/guardian to know how to handle an online challenge you may be concerned about

What are Online Challenges? They are social media trends where people take part in or mimic games, activities or dares. They typically originate on social media platforms like TikTok, YouTube, and Instagram before spreading to other platforms. Some challenges or online trends are reported by the press first. They tend to use the term 'viral', which can give the impression that the challenge or trend is more popular than it actually is.

### Advice for parents

Talking to your child about online challenges can seem daunting, especially if they don't come to you on their own. Having an honest conversation with your child about their online habits is the best way to address the concern.

https://ineqe.com/wp-content/uploads/2022/09/OnlineChallengesAdvice\_INEQE\_2022-1.pdf

#### 'HI MUM' SCAM ALERT!

We have recently been made aware of a phishing scam known as 'Hi Mum' that has been circulating through text messages or instant messaging services, such as WhatsApp.

The scam involves the impersonation of friends or family members in order to gain access to personal information. We strongly encourage you to read the article provided via the link below for guidance on identifying phishing scams and how to deal with them if you have been targeted.

https://ineqe.com/2022/09/12/scam-alert/?utm\_campaign=Slender%20Man&utm\_medium=email&\_hsmi=225733939& hsenc=p2ANqtz- rUanehUHyXkPj2fLdBDp9PN5mCSy-JQj95fGnMuknFCflW2t1-kj7QN9SMN9\_1E\_0V5SessrfyOqR0Slt0w1a57MF8SqwKisLlt\_awiMIPfd\_b7M&utm\_content=225733939&utm\_source=hs\_email

#### DARK EVENING SAFETY TIPS

As the nights are darker, it is an overnight adjustment for all of us keeping children safe in the dark. The darker evenings can have a big impact on our usual routines of picking children up from friends, after-school clubs, or cycling home from school. They can be very different experiences in the dark. The following simple steps can be taken to help avoid risks of accidents that the dark evenings can bring.

## Visibility is key

- Children need to be seen, not just by other motorists and cyclists but by pedestrians. It is vital to teach your children good road safety basics from an early age.
- Think about what your child is wearing as school uniforms can be dark, you can add add high-visibility strips to their clothing, school bags or bike helmets when cycling to and from school.

https://www.highwaycodeuk.co.uk/rules-for-pedestrians.html



# SAFEGUARDING NEWSLETTER

#### PARENT SUPPORT

## Parents/Guardians Learning Programme

Sexual Abuse Learning Programme (Parents Protect) has developed this online child sexual abuse and exploitation awareness learning programme which aims to:

- Understand potential risks
- Recognise the signs of possible abuse in children
- Beware of inappropriate behaviour in adults
- Know where to go for help if you have concerns and would like to talk about them

https://www.parentsprotect.co.uk/sexual-abuse-learning-programme.htm

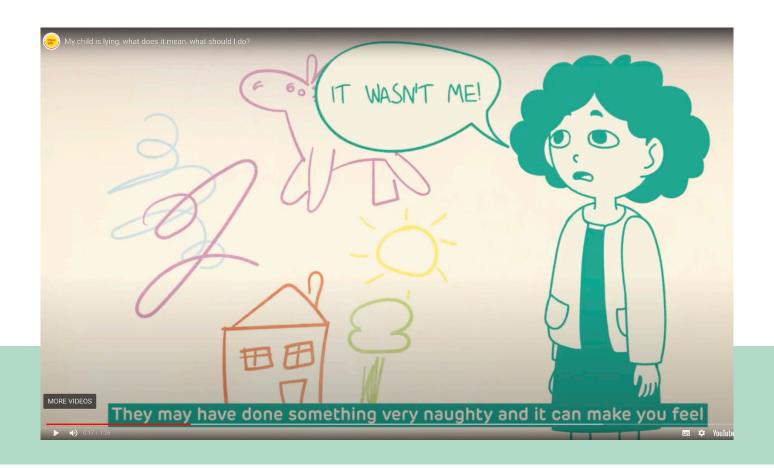
#### Parenting smart

The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they may experience with children.

#### Advice can be found on over forty topics including:

- Understanding sibling rivalry
- My child is lying, what does it mean, what should I do?
- My child has trouble going to sleep
- My child says, 'I hate you!' Cultural identity: who am I?

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#### USEFUL INFORMATION

