

# PSHE and CITIZENSHIP POLICY

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May 2023

# INTENT WHAT IS PSHE?

PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. It encompasses our work within Citizenship and British Values.

## WHAT IS CITIZENSHIP EDUCATION?

There are three interrelated strands in the framework: -

- Social and moral responsibility
- Community involvement
- Political literacy

These should be taught to prepare children to play an active role as members of a democratic society, to develop independence and responsibility, and to make informed choices about their own lifestyle.

# WHAT IS PSHE?

We use TWINKL PSHE is a teaching programme which will help the children in their personal, social and emotional development.

The programme is split into 3 focuses with clear progression from KS1 to lower KS2 to upper KS2.

- Health and Wellbeing
- Living in the Wider World
- Relationships

TWINKL PSHE will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

Our ethos and PSHE curriculum ensure that we meet the five strands of Every Child Matters which states that every child has the right to: Be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution and Achieve Economic Wellbeing.

#### AIMS OF PSHE EDUCATION.

Our school mission statement reflects what we hope to achieve in PSHE and Citizenship. We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to:

- stay as healthy as possible;
- keep themselves and others safe;
- have worthwhile and fulfilling relationships;
- respect the differences between people;
- develop independence and responsibility;
- play an active role as members of a democratic society;
- make the most of their own abilities and those of others;
- behave in a socially and morally acceptable way, including towards authority and each other;
- to become involved in the life of their community;
- to know about democracy and how to be active citizens;
- to know about economic wellbeing.

#### We want our children to: -

- value the achievements they make, and the achievements of others;
- make informed choices about dealing with risks and meeting challenges, now and in the future;
- decide on values by which they want to live their lives.
- respect the importance of expressing their own opinions in the right way and also appreciating the right of others to have a viewpoint.

Our School curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

# IMPLEMENTATION CURRICULUM CONTENT

Our programme for PSHE and Citizenship encompasses TWINKL materials for each year group with planning adapted to meet the needs of the children in those year groups. Aspects of PSHE and Citizenship will also be covered within other subject teaching and in special days and weeks. In the EYFS, the same themes are taught each year and revisited regularly, as well as following the stepping stones for the Early Learning Goals and TWINKL will be taught on special days/weeks. There will be assemblies each half-term to introduce the TWINKL theme and to celebrate achievement.

## **DELIVERY OF CURRICULUM**

A range of teaching strategies will be used as appropriate. These will include: circle time, role-play, discussion – whole class, small group, 1:1, visitors e.g. Police and Fire and Rescue Service, School Health Advisor etc., stories, for example, exploring behaviour of characters, creative activities, and pupil-initiated activities.

There are weekly timetabled TWINKL lessons in the EYFS, KS1 and KS2 and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Achievers' Assembly. The whole School ethos promotes our work in PSHE and Citizenship, as set out in our Mission Statement and homeschool agreement. In the Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson. All classes use circle time to promote and discuss issues within PSHE and Citizenship, and where appropriate we follow the Quality Circle Time model.

The elected School council are actively involved in promoting PSHE and Citizenship issues, as are buddies and mediators.

## CROSS CURRICULAR LINKS

Links are made with PSHE and Citizenship in other curriculum areas as appropriate e.g. R.E., P.E., Science, Geography and in topic planning. Also, in whole School events such as Enterprise Week, All About Me week etc.

# IMPACT ASSESSMENT

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. This logged onto a tracker.

Children will be rewarded in line with School policy e.g. House Points, Class Dojo points, stickers, certificates in Achievers' Assembly.

If the school has specific concerns regarding any aspects of pupil behaviour in this area that cannot be addressed via normal teacher/pupil discussions then parents may be requested to support the child in developing more appropriate behaviours.